

CAP30 Mental health

The trainee will be able to evaluate the patient who presents with suicidal ideation, assess risk and formulate appropriate management plan		
Knowledge	Assessment Methods	GMP Domains
Outline the risk factors for a suicidal attempt Know the national guidelines for self harm	E, C, Mi, ACAT	1
Outline the common co-existing psychiatric pathologies that may precipitate suicidal ideation	E, C, Mi, ACAT	1
Outline the indications, contraindications and side effects of the major groups of psychomotor medications	E, C, Mi, ACAT	1
Outline the powers that enable assessment and treatment of patients following self harm or suicidal ideation as defined in the Mental Health Act	E, C, Mi, ACAT	1
Skills		
Take a competent psychiatric history and be familiar with scoring tools used to assess risk of further harm (e.g. Becks score, SAD persons)	E, D, Mi, C	1
Elicit symptoms of major psychiatric disturbance	E, Mi, C	1
Obtain collateral history when possible	Mi, C	1
Recognise and manage anxiety and aggression appropriately	Mi, C	1
Behaviour		
Liaise promptly with psychiatric services if in doubt or high risk of repeat self harm is suspected	ACAT, C	2
Recognise the role of the self harm team and continued community care	ACAT, C	2
Show compassion and patience in the assessment and management of those who have suicidal intent	ACAT, C, M	4